## **ENERGY CONSERVATION TIPS**

## **Refrigerators**

- Open refrigerator door only long enough to get the food items you need.
- Organize your food on the shelves for easy access.
- Before storing leftovers allow them to cool, that way your refrigerator or freezer won't have to work to cool them off.
- Refrigerators and freezers operate more efficiently when they are full, but over-loading will prevent cold air from circulating properly.

#### Dishwasher

- Only wash full loads and use the energy-saver setting.
- Allow dishes to air dry.
- If you wash dishes by hand, fill the sink with water instead of letting the water run, and rinse with cold water.

### **Stove**

- Defrost food first in the microwave and cover pots to shorten cooking time.
- Keep your oven and range free of grease and baked-on residue.

## **Laundry**

- Wash full loads and use cold water instead of hot water.
- Dry full loads and clean lint filter after each load.
- Most materials only need a 10-15 minute wash cycle to get them clean, over washing and over drying will wear out your clothes faster.

#### **Water**

- Turn the water off while you're not using it such as when lathering your hands with soap, brushing your teeth and scrubbing dishes.
- Decrease your showering time to about 5 minutes.

# **Lights and Other Appliances**

- Replace your incandescent light bulbs with compact fluorescent lights (CFL's), they use 75% less energy and last up to 10 times longer.
- Turn off lights when you leave a room.
- Unplugging or turning off appliances when you're not using them can save a significant amount of energy.

# **ENERGY CONSERVATION TIPS**

# **Heating & Air Conditioning**

- Thermostat should never be turned up high to heat a home in a hurry (it won't heat your home any faster).
- Please keep windows and doors closed while using when using the heating and air conditioning
- Use fans and open windows to create a cross-draft instead of using your central air-conditioning
- Keep your vents free from obstructions.
- Clean washable air filter at least once monthly.